Questions to Ask Your Doctor About COPD

A recent survey found that most (75%) people with COPD work with their doctor to develop a disease management plan. However, most are not satisfied with the effectiveness of their COPD plan, indicating a significant opportunity for improved patient-doctor communication.





ASK YOUR DOCTOR ABOUT YOUR COPD

- Do I really have COPD?
- How severe is it? What stage is it?
- Is it controlled or uncontrolled?



ASK YOUR DOCTOR ABOUT TREATMENT OPTIONS

- What medications should I take every day?
- What medications should I take only when needed?
- Do I need oxygen?
- How should I approach exercise?
- When should I contact the doctor's office if symptoms change?



ASK YOUR DOCTOR ABOUT OTHER CONDITIONS THAT MAY IMPACT YOUR COPD

- Could COPD have affected my heart?
- Could COPD have affected my sleep?
- What is an exacerbation? How does it impact my lung function?

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